

# OUR STORY



On February 4th, 2021, the unimaginable happened and it changed our world forever.

Our son Taylor, then 29, suffered a spontaneous cardiac arrest, resulting in an anoxic brain injury. After 204 days in the hospital, we brought him home, where he required our full-time care around the clock. With unwavering dedication, we committed ourselves to supporting his recovery every step of the way.

Through this journey, we've gained profound insights into the physical, emotional, and mental challenges that come with such a life-altering event. These lessons have fueled our passion to help others navigate similar paths.

Now, we are committed to easing the burden for families in need—sharing our knowledge, resources, and support. More importantly, we are building the first-ever network of specialized service providers, helping individuals and families regain a sense of normalcy and hope.

Despite what you may feel - **YOU ARE NOT ALONE!**  
We are here for you... **just in time.**



*"I feel a strong responsibility to share what I have learned, helping to remove uncertainty for others—whether you're just beginning or have been on this journey for some time."*

Dana - Taylor's Mom

# TESTIMONIALS



*"Dana is doing what so many of us have just been talking about doing. She is amazing!"*

Tracy, Caregiver



*"As a physical therapist, I have received countless hours of training in working with those with disabilities, but I thankfully have not had personal experience in this space. As a mother who has navigated every challenge alongside her son, Dana truly understands the physical, emotional, and mental journey that families go through. Just In Time Adaptive Wellness is more than a program—it's a lifeline for those who need it most, providing support when wellness often feels like an afterthought. Dana's commitment to creating an inclusive, welcoming space ensures that every individual, no matter their ability, has the opportunity to prioritize their well-being. Her vision aligns perfectly with what we believe at The Bridge Adaptive Sports and Recreation, and we couldn't be more excited to see the impact she will have on so many lives."*

Damy Meyer, PT, DPT  
Executive Director - The Bridge Adaptive Sports & Recreation



*"Marvin built our accessible home and understands the needs of those with disabilities and wheelchair users. He cares about quality of life and accessibility from personal experience and involvement in the BoltzStrong community. We trust Marvin and know that he always goes above and beyond. From home modifications to a new house build, Marvin will listen and care about your specific requirements."*

Yvonne Boltz, Owner - Boltz to Nutz Farm



*"Working with Taylor has taught me more than I could imagine about being a human, therefore turning the teacher into a student."*

David Parks, Taylor's Drum Teacher  
Professional Touring & Session Musician  
The Music Salon

**Now What?!  
HELP**

-Need a haircut:  
Find salon that accomodates

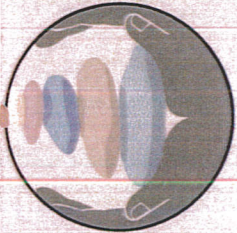
-Look into adaptive music lessons

-Gift a massage to my caregiver

-Find a handyman to repair ramp

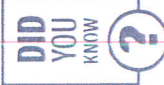
-Get the mobility van cleaned  
-Sign up for virtual yoga

-Confirm speaker for support group



**JUST IN TIME**  
**ADAPTIVE WELLNESS**  
 Family Solutions & Trusted Referrals

*Individuals with disabilities are now the largest minority group in the nation, estimated at 20 percent, crossing lines of age, ethnicity, gender, race, sexual orientation and socioeconomic status.*



**WHO IS JUST IN TIME ADAPTIVE WELLNESS?**

Just in Time Adaptive Wellness was created out of years of navigating doctors' visits, insurance hurdles, and the quest for a "normal" life. Our mission is to simplify the process for families by offering personalized referrals and consulting services that provide the insights and resources you need.

We've built the first-ever network of specialized vendors designed to bring normalcy back to people and their families. We believe it's our responsibility to share the knowledge we've gained over the years, eliminating the guesswork whether you're just starting your journey or have been on it for some time.

**HOW CAN WE HELP YOU?**

Navigating the journey of supporting a loved one with a disability can be both rewarding and deeply challenging. We are here to walk alongside you, offering personalized guidance, emotional support, and practical tools tailored to your family's unique needs. From proactive preparation to a smooth transition home to reorganizing your current systems, we provide the support you need **Just in Time!**

**WHAT ARE ADAPTIVE SERVICES?**

Adaptive services are tailored to support individuals, both children and adults, with specific mobility, health, or daily living needs. No matter your age, we're here to provide guidance, resources, and community. By fostering independence and enhancing well-being, these services help individuals navigate life transitions more easily, turning challenges into opportunities for joy.



**ALTERATIONS AND CREATIVE ACCENTS**

- Comfort and ease of care
- Personalized and durable solutions
- Crafted with YOU in mind



**MOBILITY VEHICLE DETAILING**

- Prevents dirt from being tracked into homes
- Promotes a safe and hygienic vehicle
- Retains value and longevity of vehicle



**HAIR SERVICES**

- Increases self confidence
- Encourages normalization in everyday activities
- Specialized to meet specific needs of individuals



**MUSIC LESSONS**

- Enhances cognitive training and motor skills
- Builds confidence and independence
- Promotes social interaction & communication skills
- Boosts emotional well-being



**HANDYMAN SERVICES**

- Trusted, reliable, professional installation
- More than 40 years experience
- Versatile skill set and understands adaptive needs



**NAIL SERVICES**

- Promotes healthy skin and prevents infection
- Encourages healthy blood circulation
- Boosts focus and promotes brain relaxation



**HOLISTIC HEALTH**

- Promotes healing by shifting from "fight or flight" to "rest and repair"
- Balances energy to ease pain and inflammation
- Enhances immunity by improving overall well-being



**SPECIALIZED CLEANING SERVICES**

- Reduces infections, allergens and bacteria
- Custom options for single rooms or entire homes
- Sanitization for medical and mobility equipment
- Ideal for those with immunity or mobility challenge



**HOLISTIC PHYSICAL THERAPY**

- Comprehensive healing and personalized approach
- Focuses on the root causes of limitations not just symptoms



**SPECIFIC NEEDS FINANCIAL PLANNING**

- Provides long-term security and stability
- Protects public benefits
- Provides peace of mind for parents and caregivers
- Allows for efficient estate planning and asset management



**MASSAGE SERVICES**

- Relieves nervous tension and relaxes muscles
- Encourages healthy blood circulation
- Boosts neurotransmitter that enhance happiness



**VIRTUAL/IN-STUDIO YOGA CLASSES**

- Virtual sessions offer comfort in your own home eliminating travel barriers
- Tailored modifications for different abilities
- Improves strength and flexibility safely
- Encourages self confidence in body awareness



**MOBILE DOG GROOMING**

- Convenient, professional, and time-saving
- Low-stress care in a familiar environment
- Personalized grooming by an expert
- Discounts for qualified service dogs